

Physical Education

	Autumn 1	Autumn 2	Spring	Spring	Summer 1	Summer 2
	INVASION GAMES & ATHLETICS	INVASION GAMES	AESTHETIC ACTIVITIES	INVASION GAMES OAA	STRIKING & FIELDING GAMES	ATHLETICS/ NET & RACKET GAMES
5 EYF	<i>Object and Body Control</i>	<i>Agility – Changing speed and direction</i>	<i>Movement – Dance and Gymnastics</i>	<i>Movement - Dodging</i>	<i>Multi-skills</i>	<i>Sports Day skills</i>
KS1 Cycle 1	Football and Cross Country	High 5's and Basketball	Multi Skills <i>Movement, Agility, Balance & Co-ordination, Health & Fitness</i>	Uni-hoc and Orienteering	Kwik cricket and Rounders	Athletics – Sports Day events
KS1 Cycle 2	Football and Cross Country	High 5's and Basketball	Multi Skills <i>Movement, Agility, Balance & Co-ordination, Health & Fitness</i>	Uni-hoc and Orienteering	Kwik cricket and Rounders	Athletics – Sports Day events
LKS2 Cycle 1	Football and Cross Country	Netball and Lacrosse	Gymnastics and Dance	Hockey and Orienteering	Kwik cricket and Rounders	Athletics – Sports Day events and Tennis
LKS2 Cycle 2	Football, Tag Rugby and Cross Country	Basketball and Quidditch	Gymnastics and Dance	Hockey and Orienteering	Kwik cricket and Rounders	Athletics – Sports Day events and Tennis
UKS2 Cycle 1	Football and Cross Country	Netball and Lacrosse	Gymnastics, Dance and Trampolineing	Hockey and Orienteering	Cricket and Rounders	Athletics – Sports Day events and Tennis
UKS2 Cycle 2	Football, Tag Rugby and Cross Country	Basketball and Quidditch	Gymnastics, Dance and Trampolineing	Hockey and Orienteering	Cricket and Rounders	Athletics – Sports Day events and Tennis
Competitions	Cross Country & Football	High 5's, Basketball & Netball	Football & Multi-skills	Gymnastics/Dance & Orienteering	Kwik Cricket & Rounders	Athletics & Dance Festival & Sports Day