

ROLE OF THE FOOD AMBASSADORS

The Food Ambassadors at Victoria Primary Academy is a body of pupils who have been voted for by their peers to be representatives of the student voice in ensuring that they take a proactive role in our school's food provision. Helping to improve its quality, increase the uptake of school meals, and enhance the dining experience for all.

These pupils will act as a voice for their fellow classmates, and will be required to help ensure that the food we eat is both delicious and as healthy as possible.

The Food Ambassadors will be required to consult with students, staff and parents on developing a healthy school and to represent the group's views on those issues to school management.

2. AIMS AND OBJECTIVES

The aims and objectives of the Food Ambassadors at Victoria Primary Academy are:

- To work with caterers, school staff and peers to continue to improve menus so that healthy, tasty options are always promoted.
- To lead whole-school assemblies to inform everyone about making sensible changes and the importance of eating a balanced diet.
- To develop ways to promote healthy lunchboxes and audit these during lunch-times.
- To encourage pupils to drink water every day as remaining hydrated is very important.
- To educate parents and carers around the importance of eating a balanced diet.
- To allow children to have a 'voice' and to share their opinions and ideas with others.
- To allow children to become more responsible and actively involved in the decision making process of the school, and to be involved in decisions that directly affect them.

3. THE FOOD AMBASSADORS IN CLASS

Food Ambassador Meetings are held every week. The Food Ambassador's will report back to classes on the issues discussed and the action taken. Any feedback will be noted by Food Ambassadors in the class book, and fed back in the next meeting. Food Ambassadors will also take ideas to promote a healthy balanced diet back to class.

4. THE FOOD AMBASSADOR MEETINGS

The Food Ambassador Meetings are held every half term, depending on the length of the half term. The meetings are held by the Food Ambassador Link Teachers (Food Ambassador Coordinators) together with the Food Ambassador Representatives. The meetings usually take place in school.

5. RUNNING THE FOOD AMBASSADOR MEETINGS

The agenda for each Food Ambassador Meeting will be drawn up by the Food Ambassador Coordinators.

At each meeting, there will be one main issue on the agenda, as well as opportunities for all Food Ambassadors to discuss other ideas raised by the pupils in their classes.

A copy of the agenda will be provided for every Food Ambassador to follow during the meeting.

The Food Ambassador Coordinator will make notes of the Food Ambassadors' discussions, and will clearly outline the outcomes of the meeting prior to its end.

6. PROMOTING A HEALTHY BALANCED DIET

The Food Ambassador's aim is to continuously promote the importance of a healthy balanced diet and promote the 'Eat well guide' with our pupils, parents and carers.

The Eatwell Guide

Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group

